

## **FAMILY TIES**

of Massachusetts



# Greater Boston Regional Groups

Support groups come in many sizes and forms, and their primary goal is the same. That goal is to provide comfort and/or assistance through the gathering of two or more individuals with a common concern. Support groups vary in their approach to fulfilling this goal. Some support groups strive to assist through education by hosting speakers on various issues. Others strive to provide comfort through the sharing of mutual experiences. It is important to find a support group that meets your specific needs.

The support groups listed below are just a sampling of the groups available in the area. If you would like more information about a support group listed here, please call the specific support group contact. **These groups do change so we suggest that you call and confirm the meeting time and place before attending a meeting.**

**1-800-905-TIES (8437)**

**[www.massfamilyties.org](http://www.massfamilyties.org)**

**To update or add a new support group to this Regional Support Group list, please call Sara Asmerom, Family TIES Greater Boston Regional Coordinator, at 617-624-6089 or 800-905-TIES. THANK YOU!**



FEDERATION FOR CHILDREN  
WITH SPECIAL NEEDS

Family TIES of Massachusetts is a project of the Federation for Children with Special Needs, funded by the Massachusetts Department of Public Health, Bureau of Family Health & Nutrition, Division for Children & Youth with Special Health Needs.

**Adoptive Families Together Boston:** Meets on the 1<sup>st</sup> Wednesday of the month from 12:30-1:30PM in the 1<sup>st</sup> floor library at the John W. McCormack Post Office and Courthouse, 5 Post Office Square, Boston. Use the entrance facing Congress Street. Call for information. Group leaders are Pasqua Scibelli and Lori Baeumler.  
**CONTACT:** Lori Baeumler, 857-728-2157 **E-MAIL:** lbaeumler@mspcc.org  
**WEBSITE:** www.mspcc.org

**Adoptive Families Together Jamaica Plain:** Meets on the 1<sup>st</sup> Friday of the month from 6:30-8:30PM at Jamaica Plain MSPCC Office, 3815 Washington Street (near Forest Hills T). Call for details. Group leaders are Randi Schalet and Lori Bauemler.  
**CONTACT:** Lori Baeumler, 857-728-2157  
**E-MAIL:** lbaeumler@mspcc.org  
**WEBSITE:** www.mspcc.org

**Adoptive Families Together Roslindale:** Meets on the 3<sup>rd</sup> Wednesday of the month from 7-8:30PM at Roslindale Congregational Church, 25 Cummins Highway. Group leaders are Michelle Novelle and Clare O'Donoghue. Childcare is available. Call for info.  
**CONTACT:** Lori Baeumler, 857-728-2157 **E-MAIL:** lbaeumler@mspcc.org  
**WEBSITE:** www.mspcc.org

## **ALL SPECIAL NEEDS**

**Todas as Necessidades Especiais (Support Group for Portuguese-Speaking Individuals / Grupode Apoio às Pessoas que Falam Português):** Reunioes mensais. Telfonar para saber os dias: Federação para Crianças com Necessidades Especiais, The Schrafft Center, 529 Main Street, Suite 1M7, Boston. (Monthly meetings; call for schedule.)  
**CONTACT:** Ruth Diaz, 617-236-7210  
**EMAIL:** rdiaz@fcsn.org



## **ASTHMA AND ALLERGY**

**Asthma & Allergy Foundation of New England:** Metro-Boston Area support group meetings, educational events and programs are run by AAFA New England and held at various sites including Newton-Wellesley Hospital, 2000 Washington Street, Newton. Sign up for e-mail announcements, check the website schedule, or call for dates and topics.

**CONTACT:** AAFA New England, 781-444-7778

**E-MAIL:** [aafane@aafane.org](mailto:aafane@aafane.org)

**WEBSITE:** [www.asthmaandallergies.org](http://www.asthmaandallergies.org)

**Food Allergy Group of the North Shore:** Periodic support group meets at Salem Hospital, Davenport Conference Area, 81 Highland Avenue, Salem. Sign up for e-mail announcements and/or check the schedule on the website or call for dates and topics.

**CONTACT:** AAFA New England , 781-444-7778

**E-MAIL:** [aafane@aafane.org](mailto:aafane@aafane.org)

**WEBSITE:** [www.asthmaandallergies.org](http://www.asthmaandallergies.org)

**Merrimack Valley Allergy & Asthma Support Group:** Meets periodically in North Andover, MA. Sign up for e-mail announcements and/or check the schedule on the website or call for dates and topics.

**CONTACT:** AAFA New England , 781-444-7778

**E-MAIL:** [aafane@aafane.org](mailto:aafane@aafane.org)

**WEBSITE:** [www.asthmaandallergies.org](http://www.asthmaandallergies.org)

**Metro-West Allergy & Asthma Support Group:** Meets periodically in Framingham, MA. Sign up for e-mail announcements and/or check the schedule on the website or call for dates and topics.

**CONTACT:** AAFA New England, 781-444-7778

**E-MAIL:** [aafane@aafne.org](mailto:aafane@aafne.org)

**WEBSITE:** [www.asthmaandallergies.org](http://www.asthmaandallergies.org)

**Northwest Suburban Boston Area/Lexington:** Meets periodically at Beth Israel and Children's Hospital Medical Care Center, 482 Bedford Street, Lexington. Sign up for e-mail announcements and/or check the schedule on the website or call for dates and topics.

**CONTACT:** AAFA New England 781-444-7778

**E-MAIL:** [aafane@aafne.org](mailto:aafane@aafne.org)

**WEBSITE:** [www.asthmaandallergies.org](http://www.asthmaandallergies.org)

## **AUTISM SPECTRUM DISORDERS**

**Boston Families for Autism/TILL Inc.:** Informational parent support group meets on the 3<sup>rd</sup> Thursday of each month from 6:30-8:30PM at Ohrenberger Community Center, 175 West Boundary Road, West Roxbury; call to confirm.

**CONTACT:** Lynn Tougas, Boston Families for Autism, 781-302-4782

**WEBSITE:** [http://www.tillinc.org/autism\\_training.html](http://www.tillinc.org/autism_training.html)

**Garrett Pressley Autism Resource Center:** This organization sponsors specific support groups for fathers, mothers, siblings, and groups for children over the age of 13. They gather at the Mildred Avenue Community Center, 5 Mildred Avenue, Mattapan. Call to confirm dates and times.

**CONTACT:** Deborah Smith-Pressley, 617-216-1676

**EMAIL:** gparc@outlook.com

**WEBSITE:** gpautismresourcecenter.org

### **TILL Hyde Park Grupo de apoyo para padres que hablen Español y tengan hijos con autism:**

**CUANDO:** las reuniones son el tercer Jueves de cada mes de 10:00 am a 12:00 pm.

**LUGAR:** basement de la estacion de policia de Hyde park

**DIRECCION:** 1249 Hyde Park Avenue en Hyde Park, MA 02136

**PERSONA DE CONTACTO:** Sara Diaz, telefono: 617-364-4360

**EMAIL:** saradiaz95@hotmail.com

**TILL Hyde Park Parent Support Group for Spanish-speaking parents** who have children with Autism. The group meets monthly on the third Thursday from 10AM to Noon in the Basement Meeting Room of the Hyde Park Police Station, 1249 Hyde Park Avenue, Hyde Park.

**CONTACT:** Sara Diaz, 617-364-4360, saradiaz95@hotmail.com or Joshua Lyons at TILL, 781-302-4835

## **BRAIN INJURY**

**BABIS Group:** Usually meets on the 1<sup>st</sup> Saturday of the month from 10AM-Noon at Spaulding Rehab Hospital, 125 Nashua Street, Room 8A, Boston. If the first Saturday falls on a holiday weekend, the BABIS Support Group will meet on the second Saturday. There are no meetings in July or October. Family & affected individuals are invited.

**CONTACT:** Sally Johnson, 617-952-6254 -

**WEBSITE:** <http://www.babis.info/>

**Stroke Club:** Meets on the 2<sup>nd</sup> Wednesday of the month from 3-4PM at Spaulding Rehab Hospital, 125 Nashua Street, Room 8A, Boston. Open to all ages.

**CONTACT:** Karen Halfon, 617-952-6560

## **CROHN'S DISEASE AND COLITIS**

**Crohn's and Colitis Foundation Parent Support Group:** This group meets monthly on the 2<sup>nd</sup> Wednesday from 6:30-7:30PM at Mass. General Hospital, Yawkey Building, Room 4-820, 55 Fruit Street, Boston. For details, call or visit: [www.ccfa.org](http://www.ccfa.org)

**CONTACT:** Melissa Murphy, 781-449-0324

**E-MAIL:** [mmurphy@ccfa.org](mailto:mmurphy@ccfa.org)

**Parent & Family IBD Support Group:** Call for information about meetings held at Children's Hospital Boston, 300 Longwood Avenue, Boston. Call for details.

**CONTACT:** 617-355-6058

**EMAIL:** [ibdcenter@childrens.harvard.edu](mailto:ibdcenter@childrens.harvard.edu)

## **DOWN SYNDROME**

**Children's Hospital Boston Down Syndrome Program Parent Group:** A supportive group to share personal experiences make social connections, and increase awareness and knowledge of issues. Meetings are held quarterly on Saturdays from 10AM-Noon

at Children's Hospital, 9 Hope Ave, Waltham. Refreshments, free parking, and childcare provided.

**CONTACT:** Angela Lombardo, 857-218-4329

**EMAIL:** [angela.lombardo@childrens.harvard.edu](mailto:angela.lombardo@childrens.harvard.edu)

**Massachusetts DADS (Dads Appreciating Down Syndrome):** An action group for Fathers of children and youth with Down Syndrome; monthly meetings and activities provide opportunities for discussion and strategizing. Visit our website or email for details.

**CONTACT:** Jeff Roback

**E-MAIL:** [dadsmass@yahoo.com](mailto:dadsmass@yahoo.com)

**WEBSITE:** [www.mdsc.org/programs/DADsGroup.cfm](http://www.mdsc.org/programs/DADsGroup.cfm)

**Massachusetts Down Syndrome Congress:** MDSC helps parents and professionals to understand and cope with issues relating to Down syndrome. FIRST CALL program connects parents with veteran families.

**CONTACT:** 800-664-MDSC

**E-MAIL:** [mdsc@mdsc.org](mailto:mdsc@mdsc.org)

**WEBSITE:** [www.mdsc.org](http://www.mdsc.org)



## MGH/Chelsea HealthCare Center

***Por favor, unase a nosotros: un grupo de padres de habla hispana con un hijo/hija con Síndrome de Down de 7 años o menos de edad.***

La clínica de Síndrome de Down de MGH-Boston y el Congreso de síndrome de Down colaboran en MGH/Chelsea Salud Centro pediatría para reunir a los padres cada 2-3 meses para la educación y apoyo. Con frecuencia tenemos un orador con experiencia en trabajo con niños con síndrome de Down. Hemos tenido un especialista educativo, un OT, un PT, y terapeuta del habla. Disponemos de un intérprete que interpreta simultáneamente Inglés – Español o Español – Inglés.

**FECHA DE PRÓXIMA REUNIÓN:** En septiembre en mediodía

**LUGAR:** MGH Chelsea HealthCare Center, 151 Everett Ave, Chelsea, MA 02150  
Piso 4, Sala 401 (Eleanor Clark Conference room)

El almuerzo es servido. Hay guardería para los niños menores de 3 años que no están en la escuela.

### **OPCIONES DE TRANSPORTACION:**

1. Puede usar el autobus de MGH de las siguientes localizaciones: MGH – MGH/Chelsea
2. Otra opcion es el transporte publico  
Autobus #112 desde la estacion de Maverick (linea azul) O  
Autobus #112 desde la estacion de Wellington (linea naranja)

**Por favor RESERVE vía correo electrónico con Bonnie Fishman, [bfishman@partners.org](mailto:bfishman@partners.org) o llame a 617-887-3817.**

**21 Shades:** 21 Shades is an inclusive support group for all families of African heritage who love someone with Down Syndrome. Meetings will be held on the 1<sup>st</sup> Thursday of every month from 7-8PM. Call or e-mail for more information. Conference call information: 712-775-7031. Access code: 850-505.

**CONTACT:** Roxanne Hoke-Chandler, 617-399-8343

**EMAIL:** [chandler@fcsn.org](mailto:chandler@fcsn.org)

## **FOOD ALLERGY: See ASTHMA AND ALLERGY**

## **GRANDPARENTS & RELATIVES RAISING CHILDREN**

**KINnections Program/MSPCC:** The KINnections Program connects grandparents raising grandchildren and kinship families to resources, information & activities in their community that support and strengthen families. The program provides support groups, trainings and workshops, information assistance, family focused activities/events and respite care support.

**CONTACT:** Deanna Forist or Lori Baeumler at KINnections/MSPCC, 617-983-5800

**E-MAIL:** lbaeumler@mspcc.org

**WEBSITE:** www.mspcc.org

## **FOOD ALLERGY: See ASTHMA AND ALLERGY**

### **G Tubes= EGID support group of Boston**

Provide children, teens, and adults with eosinophilic gastrointestinal disorders the opportunity to meet and socialize with their peers.

Meetings are the 1st Monday of the month, 7-9pm at BIDMC/Children's Hospital in Lexington

For more info visit [www.EGIDBoston.org](http://www.EGIDBoston.org)

## **GRIEF & HEALING SUPPORT**

**Club STAR:** This support group is for children in kindergarten through senior year who are grieving the loss of a parent or sibling. Share experiences, create projects, and more. Dinner and parking are provided. First Wed of the month from Oct-Jun, 5:30-7:30pm. Mass. General Hospital, 55 Fruit Street, Boston.

**CONTACT:** Hillary D'Amato, 617-643-9276

**EMAIL:** mghclubstar@partners.org

## **HEARING LOSS**

### **Hear My Dreams Support Group, for parents of children with hearing**

**loss:** Meets on the 2<sup>nd</sup> Tuesday of odd numbered months from 7-9PM at HearSmart Audiology, 435 King Street, Suite 2, Littleton). All are welcome, regardless of where child receives audiology services.

**CONTACT:** Megan Ford, Au.D, 978-952-2500

**EMAIL:** hearmydreams@gmail.com

**WEBSITE:** www.hearmydreams.com

## **HEMATOLOGY AND ONCOLOGY**

**Parent Support Group:** Hospital-based support, for parents of children of all ages who are patients of the specified hospital; call for meeting dates and specific locations at Boston Floating Hospital for Children, Department of Hematology and Oncology, 750 Washington Street, Boston.

**CONTACT:** Carol Farwell or Jeane Hampton, 617-636-5535

## **HOSPITAL-BASED SUPPORT**

**Parent and Family Support Groups:** Hospital-based support for family members of children of all ages who are patients of our hospital; call for meeting dates and specific locations at Children's Hospital, 300 Longwood Avenue, Boston, which also offers Parent Matching Opportunities in many of its clinics for specific health and disability issues.

**CONTACT:** Center for Families, 617-355-6279

**VIBS-Very Important Brothers and Sisters:** Hospital-based support, for siblings of children of all ages who are patients of our hospital; call for meeting dates and specific location at Boston Floating Hospital for Children, Department of Hematology and Oncology.

**CONTACT:** Carol Farwell or Jeane Hampton, 617-636-5535

## **HYDROCEPHALUS**

**Hydrocephalus Association Boston Community Network:** : This group provides support, education, and empowerment through community for individuals and families impacted by hydrocephalus. Meetings are typically held at Children's Hospital, 9 Hope Avenue, Waltham. Call for details.

**CONTACT:** Jennifer Miles or Sue Wieggers

**EMAIL:** [BostonCommunity@hydroassoc.org](mailto:BostonCommunity@hydroassoc.org)

## **LEUKEMIA / LYMPHOMA**

**Leukemia/Lymphoma Society:** Family Support groups for adults, families and caregivers meet periodically every month, at 9 Erie Drive, Natick. Call to register for first time.

**CONTACT:** Gayle Bagley, Patient Services, 508-810-1340

**Brachial Plexus Family Group:** Periodic family meetings offer opportunities for socialization and education. Contact for details and scheduled events.

**CONTACT:** Katherine Sheldon

**EMAIL:** [nebrachialplexusgroup@gmail.com](mailto:nebrachialplexusgroup@gmail.com)

**Celiac Support Group of Central MA:** Meets at the Fallon Clinic Nutrition Department, 630 Plantation Street, Worcester. Open to all; call for more information. .

**CONTACT:** 508-852-6175



**Eosinophilic Gastrointestinal Disorders Support Group:** Parent support and opportunities to meet and share for young adults and adults affected by EGID. Educational speakers arranged for monthly meetings, held on the 1<sup>st</sup> Monday at Children's Hospital Lexington, 482 Bedford Street from 7-9PM. Call for details/RSVP.

**CONTACT:** Dianna Queheillalt

**E-MAIL:** [dianna@EGIDBoston.org](mailto:dianna@EGIDBoston.org)

**WEBSITE:** [www.EGIDBoston.org](http://www.EGIDBoston.org)

**MitoAction Support Groups:** MitoAction hosts weekly support groups for the mitochondrial disease community. Phone support groups include sessions specific to newly diagnosed patients; parents; and adult patients and spouses. MitoAction also offers quarterly Autism and Mito calls.

**WEBSITE:** [www.mitoaction.org/news-and-events](http://www.mitoaction.org/news-and-events)

**Prader-Willi Syndrome Association of New England:** Provides information and support, quarterly parent support groups, family recreation events, conferences every other year, parent to parent support, and informational newsletter. Call for details.

**CONTACT:** Mary Raymond, 978-207-1185

**E-MAIL:** [murphyno7@aol.com](mailto:murphyno7@aol.com)

**WEBSITE:** <http://www.pwsausa.org/new-england-chapter/>

**Rett Syndrome Support Group:** Has events and programs available throughout the year. Check the website for upcoming events or call for more information.

**CONTACT:** Irene Gladstone, 781-444-8164

**WEBSITE:** [rettsyndromemass.org](http://rettsyndromemass.org)

**Sanfilippo Mothers Group:** Group meetings are currently put on hold, but individual counseling is still available. Call for details about meeting format and location. All families are welcome.

**CONTACT:** Mary-Frances, 781-366-5300

**EMAIL:** [mfgcgc@yahoo.com](mailto:mfgcgc@yahoo.com)

**Scleroderma Syndrome Support Group:** Worcester Area Group meets monthly on a Sunday at 2PM at 640 Lincoln Street, Worcester. Please call for specific dates.

**CONTACT:** Nancy Velleco, 508-869-2997

**Spina Bifida Association of Greater New England:** The Spina Bifida Association serves individuals living with Spina Bifida along with their families and caregivers located in MA, NH, VT, and ME. Programs and services have included Education Days, Financial Benefits, Social Events, Get Active, and Outreach with newsletters social media.

**CONTACT:** 888-479-1900

**Spinal Cord Injury Support Group:** Weekly support groups for anyone affected by SCI (Spinal Cord Injury), to help and inspire the newly injured through role models and peer mentors, and to support individuals and family members as they begin their post-

injury journeys. Meets every Thursday from 4-5PM at the Spaulding Rehabilitation Hospital, 300 First Avenue, Charlestown in The Lantern Room located on the 6<sup>th</sup> floor.

**CONTACT:** SCI Boston, 617-952-5643

**EMAIL:** sciboston@aol.com

**WEBSITE:** [www.sciboston.com/support.htm](http://www.sciboston.com/support.htm)

**Spinal Cord Support/Discussion Group:** Spinal cord injury support group and discussion for family, friends, and caregivers held on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month from 4:30PM to 5:30PM at the Spaulding Rehabilitation Hospital, 300 First Avenue, Charlestown, MA in the Patient Education Room located on the 6<sup>th</sup> floor. **CONTACT:** SCI Boston, 617-952-5643

**EMAIL:** sciboston@aol.com

**WEBSITE:** [www.sciboston.com/support.htm](http://www.sciboston.com/support.htm)

**TrachCare Inc.:** Statewide support for parents of children of all ages who have a tracheostomy. Telephone support and occasional group meetings are available.

**E-MAIL:** info@trachcare.org

**WEBSITE:** [www.trachcare.org](http://www.trachcare.org)

## **MENTAL HEALTH**

**NAMI Family Support Group:** Provides understanding, comfort, hope, and help for family members, friends, and other caregivers. Meets in the Basement Board Room at Carney Hospital, 2100 Dorchester Avenue, Dorchester 2<sup>nd</sup> Thursday of the month from 6-7:30PM. MBTA accessible and parking available.

**CONTACT:** Monica, 857-342-2796 or Mark, 617-522-7439

**EMAIL:** [mpomare28@gmail.com](mailto:mpomare28@gmail.com) or [mzanger@comcast.net](mailto:mzanger@comcast.net)

**NAMI Family Support Group:** For caregivers. To find the closest one to your area, contact the NAMI Mass office or visit the website.

**CONTACT:** 800-370-9085

**EMAIL:** info@namimass.org

**WEBSITE:** [www.namimass.org/programs/nami-family-support-groups](http://www.namimass.org/programs/nami-family-support-groups)  
[www.namimass.org/programs/nami-caregiver-support-groups](http://www.namimass.org/programs/nami-caregiver-support-groups)

**Our Courageous Journey: A Support Group for the Family and Friends of those with mental illnesses:** The group is facilitated by a Certified Family Life Educator and a Mental Health Professional with a combined 45 years of experience; they are also family members of loved ones with mental illnesses. The group meets weekly for 90 minutes. Participants come as they choose, every week or less frequently as needed.

**The only requirement is that you have a loved one or a friend with a mental illness that affects YOU.** Participants are directed to appropriate resources and referrals as needed. Groups are not available over the summer. Contact for days and times.

**CONTACT:** Mara Briere, 781-405-8376.

**EMAIL:** [GASFInc@outlook.com](mailto:GASFInc@outlook.com)

**Parent /Grandparent Support Group:** Boston Residents Group meets once or twice a month at 157 Green Street, Jamaica Plain. Call for details.

**CONTACT:** 617-983-5800 or 617-587-1522

**Parent Support Group:** Meets a couple Thursdays a month from 6-7:30PM at 61 Medford Street, Somerville, MA. . Childcare is available if you call in advance.

**CONTACT:** Bay Cove Human Services, 617-371-3000

**Parent /Grandparent Support Group, MSPCC:** Group meets once or twice a month at 157 Green Street, Jamaica Plain. Call for details.

**CONTACT:** (617) 983-5800

**Parent Support Group:** Meets every Thursday from Noon-1:30PM at 66 Canal Street, Boston. This group includes one-on-one support from Parent Partners, a variety of trainings based on the parents' needs, and culturally diverse staff with a wide range of language capacity. Call to ask about childcare and refreshments. NOTE:

All groups are subject to change. Please ALWAYS call in advance if attending.

**CONTACT:** Bay Cove Human Services, 617-371-3000

**Parent Support Group/Early Intervention:** Meets monthly on the 2<sup>nd</sup> Wednesday from 6-7:30PM at 105 Victory Road, Dorchester. Call to ask about childcare and refreshments. NOTE: All groups are subject to change. Please ALWAYS call in advance if attending.

**CONTACT:** Bay Cove Human Services, 617-371-3000

**Parents of Transitional Age Youth Support Group:** Meets monthly on the 4<sup>th</sup> Wednesday from 6-7:30PM at 105 Victory Road, Dorchester. Call to ask about childcare and refreshments. NOTE: All groups are subject to change. Please ALWAYS call in advance if attending.

**CONTACT:** Bay Cove Human Services, 617-371-3000

**Parent Support Group (Spanish Language):** Meets Fridays from 10-11AM at Bay Cove, 66 Canal Street, Boston. Childcare is available if you call in advance. NOTE: All groups are subject to change. ALWAYS call in advance if planning to attend.

**CONTACT:** Bay Cove Human Services, 617-371-3000

### **Parent Skills group for parents of children with behavioral concerns ages 7-11**

Please refer parents of children with significant behavioral concerns (e.g. tantruming, acting out, forgetfulness, trouble following directions, staying on task) Meet weekly for 4 week. Contact Liz Victor at 617-355-0635 or

[Elizabeth.victor@childrens.harvard.edu](mailto:Elizabeth.victor@childrens.harvard.edu)

### **Parents skills for parents with young children ages 3-6**

Meeting to strengthen parent- child relationships. Improve child compliance at home, & learn additional parenting skills.

For details Contact molly Markiewicz at 617-355-8565 or molly.markiewicz@childrens.harvard.edu

## **PANDAS (Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcus)**

**Parent Group:** Periodic support groups meet in Salem and Rockland, supporting families with children affected by PANDAS/PITAND or PANS. Call for specific locations, time and date.

**EMAIL:** megangreenstein@aol.com

## **PARENTING SUPPORT**

### **Boston Family Support Group for Cantonese/Mandarin-speaking**

**families:** Meets on the 3<sup>rd</sup> Friday of each month from 6:00-8:00PM in Chinatown, Boston. Childcare services and a light dinner are provided. For childcare arrangements, please contact Susan Ou. Group coordinator: Dr. Lusa Lo.

**CONTACT:** Susan Ou

**PHONE:** 617-236-7210, ext 358

**EMAIL:** [susanou@fcsn.org](mailto:susanou@fcsn.org)

**Elizabeth Stone House:** There are three Moms' groups that run continuously throughout the year. The Nurturing group is a 10 week curriculum group that runs from January to June. The Family First Parenting Group runs for 4 weeks from March to September. The Parents Support Group is a 6 week program that runs from April to October. Call for more information on these programs.

**CONTACT:** Ruth Rollins, 617-409-5413

**EMAIL:** rrollins@elizabethstone.org

**Let's Celebrate the Arrival of Your Newborn:** Free and available to any family living in the Boston Region, birth to 4 months old.

**CONTACT:** Valerie Bean, Development Officer, 617-474-1143

- Allston/Brighton: Colleen McGuire, 617-474-1143, Ext. 7
- Roslindale Area: Maxine Hall, 617-325-6732
- Dorchester Area: Sandy Sachs, 617-474-1143, Ext. 227
- En Espanol, Bienvenido Bebe: Sylvia Toruno, 617-474-1143, Ext. 252
- Em Portugues e Creolo Caboverdeano, Bem- vindo Bebe: Noemia, 617-474-1256, Ext. 252
- Nurturing Fathers' Program: John O'Neil, 617-474-1143

## **Nurturing Center Of Massachusetts (Spanish , English and Cape**

**Verdean Creole):** A variety of neighborhood-based Nurturing program for families, fathers, and mothers are available. Call or visit the website for the locations and times of upcoming meetings.

**CONTACT:** Carla Walker, 617-474-1143

**WEBSITE:** [www.familynurturing.org](http://www.familynurturing.org)

**Parenting Group (English):** Parenting group for all parents, offered every Thursday from Noon-1:30PM at Bay Cove Human Services, 66 Canal Street, Boston. This group includes one-on-one support from Parent Partners, a variety of trainings based on the parents' needs, and culturally diverse staff with a wide range of language capacity. (English only). NOTE: All groups are subject to change. Please ALWAYS call in advance.

**CONTACT:** 617-371-3000

**Parenting Group (Spanish):** Parenting group for all parents, offered every Friday from 10-11AM at Bay Cove Human Services, 66 Canal Street, Boston. (Spanish only)

NOTA: Todos los grupos estan sujetos a cambiar. Por favor llamar si desea atender.

**CONTACT:** 617-371-3000

**Parenting Young Children:** Parenting group for parents of children up to age 3, offered on the 2<sup>nd</sup> Wednesday of every month, from 6-7:30PM at Bay Cove Early Intervention, 105 Victory Road, Dorchester. (English only) NOTE: All groups are subject to change. Please ALWAYS call in advance if attending.

**CONTACT:** 617-371-3000

**Parenting Young Children:** Parenting group for parents of children approaching age 3, offered on the 4<sup>th</sup> Wednesday of every month, from 6-7:30PM at Bay Cove Early Intervention, 105 Victory Road, Dorchester. (English only) NOTE: All groups are subject to change. Please ALWAYS call in advance if attending.

**CONTACT:** Candace, Program Director, Parenting Young Children, 617-371-3000

**Parents Helping Parents:** Does parenting leave you feeling stressed, alone, or overwhelmed? Any parent who is feeling overwhelmed, isolated, or stressed who would like free, confidential, and anonymous support may call. Call for schedule of all groups and for exact locations in Boston, Dorchester, Chelsea (English and Spanish), Newton, Quincy, and other locations in Massachusetts. Or visit the website and click "locate a group" for more information. **CONTACT:** 617-926-5008

**WEBSITE:** [www.parentshelpingparents.org](http://www.parentshelpingparents.org)

## **SICKLE CELL ANEMIA**

**SCDAA Family Support Group:** Meets periodically at SCDAA office, 1803 Dorchester Avenue, 2<sup>nd</sup> Floor, Dorchester. Call for schedule.

**CONTACT:** 617-825-4595