RESPITE and FAMILY SUPPORT PROGRAMS
Community-based programs that provide a variety of respite and support opportunities for families of children and adults with disabilities.

Statewide

**The Home for Little Wanderers (BEIRCP)**
Provides trained person to provide hourly or overnight care for children who are HIV infected or affected.

271 Huntington Ave.
Boston, MA 02115

**Phone:** (617) 427-0657, (617) 927-0699 (TTY)
**Fax:** (617) 267-8142
**Website:** www.thehome.org

**Children's Happiness Foundation**
Helps to make wishes come true for children 3-18 who are chronically or terminally ill.

P.O. Box 266
Marshfield, MA 02050

**Phone:** (781) 837-9609

**Michael Carter Linsow Respite Center**
Short-term respite care for medically fragile children and adults. Also has infant daycare.

112 Main St.
Hopkinton, MA 01748

**Phone:** (508) 435-1222
**Fax:** (508) 435-9849
**Email:** mclrespite@att.net

**Starlight Children's Foundation of New England**
Starlight Children's Foundation is an international non-profit organization dedicated to improving the quality of life for seriously ill children and their families. Working with more than 650 hospitals worldwide, the Foundation provides an impressive menu of both in-hospital and outpatient programs and services. A leader in delivering distractive entertainment therapies, over 74,000 children benefit from Starlight's programs each month.

529 Main St., Suite 608
Boston, MA 02129

**Phone:** (617) 241-9911, (888) 291-9474 (888) 291-9474 (TTY)
**Fax:** (617) 241-0066
**Email:** talia@nestarlight.org
**Website:** www.nestarlight.org

**Boston Pediatric and Family AIDS Project Respite Care**
Provides money for a friend or relative to care for children of HIV positive parents on short-term basis

55 Dimock St.
Roxbury, MA 02119
**Phone:** (617) 442-8800
**Fax:** (617) 442-1702

**Toward Independent Living and Learning (TILL)**
Assists with creative supported living options for young adults and adults with special needs. Available supports through respite/family support, PCA, Children's intensive supports, information and referral through our autism program. We also run Strattus Mental Health Center.

20 Eastbrook Rd., Suite 201
Dedham, MA 02026

**Phone:** (781) 302-4600
**Fax:** (781) 329-4254
**Website:** www.tillinc.org
Project Respite Care

Project Respite Care is a research project through Children's Hospital in Boston. The project matches undergraduate and graduate students with children with special health care needs and/or disabilities. The students are trained to provide respite care or personal care assistance in families’ homes. The project serves children ages birth through 18 years. Nine languages are spoken within the pool of providers.

c/o Harvard Children's Initiative
126 Mt. Auburn St.
Cambridge, MA 02138

Phone: (617) 496-6881
Fax: (617) 495-1994
Email: soukupsh@gse.harvard.edu

Callan Respite House
Central MA

A regional respite house, serving children ages 4-18 from the Worcester area.

168 Richmond Ave.
Worcester, MA 01602

Phone: (508) 791-0981

Fitchburg Respite House

Serves adults ages 18 and up.

648 Fifth Mass Turnpike
Fitchburg, MA 01420

Phone: (978) 342-0931
Fax: (978) 665-9654
Website: www.sevenhills.org

MalBoeuf Respite House

A regional respite house, serving adults from the Worcester area.

796 Pleasant St.
Worcester, MA 01603

Phone: (508) 798-4270

Southbridge Respite House

A regional respite house serving children from ages 4 – 18.

140 Chapin St.
Southbridge, MA 01550

Phone: (508) 765-1633

Fidelity House

Offers respite or flexible funding to families. Runs a family support group. Provides support to individuals with disabilities living independently and in group homes.

One Parker St.
Lawrence, MA 01843

Phone: (978) 685-9471
Fax: (978) 687-0147
Email: fidhouse@fidelityhhs.org
Website: www.fidelityhhs.org

Seven Hills Family Services, Inc.

In-home respite care and residential respite services for individuals with special needs of all ages in Worcester County.

81 Hope Ave.
Worcester, MA 01603

Phone: (508) 755-2340
Fax: (508) 849-3882
Website: www.sevenhills.org
**Kennedy Donovan Center**
*Offers a wide range of support (assistance for families through education, advocacy and flexible services) and respite options (Emergency Respite Care, Specialized Foster Care) for children and adults with developmental disabilities and their families. Over 20 sites throughout eastern and south central Massachusetts.*

1 Commercial St.
Foxboro, MA 02035

**Phone:** (508) 543-2542, (800) 537-4707, (508) 698-3926 (TTY)
**Email:** kdc@kdc.org
**Website:** www.kdc.org

---

**Delta Projects, Inc.**
*Provides long and short term respite care options for children and adults with developmental disabilities, plus an array of supports for individuals with disabilities and their families. "Delta House" provides short term respite for children ages 5 - 15. Provides after school care as well as overnight, weekend and school vacation stays.*

123 Highland Ave.
Needham, MA 02494

**Phone:** (781) 449-8545
**Fax:** (781) 449-8544
**Email:** deltaprojects@rcn.com
**Website:** www.seaside.org/deltagate

---

**Growthways**
*Provides family and individual support for people with mental retardation, including respite, flexible support and information or referral.*

1330 Main St.
Brockton, MA 02301

**Phone:** (508) 941-6505
**Fax:** (508) 585-7651
**Email:** growthways@compuserve.com
**Website:** www.growthways.org

---

**Options**
*Provides conduit for PCA program.*

30 Taunton Green, Unit 8
Taunton, MA 02780

**Phone:** (508) 880-7577, (800) 924-7570
**Fax:** (508) 880-3218

---

**Mayflower Pediatric Center**
*Long and short term respite care for children with highly specialized medical needs.*

123 South St.
Plymouth, MA 02360

**Phone:** (508) 746-4343
Massachusetts Society for the Prevention of Cruelty to Children: Family Counseling Center (MSPCC)

Offers parent education and support groups, Chapter 766 trainings, intensive flexible family support, limited respite, advocacy, information and referrals. In a project overseen by DMR, two case managers are available to provide support and assistance to Latino families in the Holyoke area.

113 Hampden St.
Holyoke, MA 01040

Phone: (413) 532-9446
Fax: (413) 533-1598
Website: www.mspcc.org

Family Empowerment Program
Flexible cash assistance for families who have a family member with developmental disabilities living in most Hampshire county cities and towns.

243 King St., Suite 48
Northampton, MA 01060

Phone: (413) 586-8196, (800) 337-7791
Fax: (413) 582-9098
Email: familyempowerment@-spa.com
Website: www.theassn.org

Association for Community Living
Variety of supports and respite options for families and individuals with developmental disabilities.

1 Carando Dr.
Springfield, MA 01104

Phone: (413) 731-7625, (800) 834-2333
Fax: (413) 732-1168
Email: houghtom@theassn.org
Website: www.theassn.org

Berkshire Family and Individual Resources, Family Resource Program (BFAIR)
Offers a variety of respite options, skill development classes, support groups to families of teens and adults with special needs. Service providers are bilingual.

74 North St., Suite 406
Pittsfield, MA 01201

Phone: (413) 443-9147
Fax: (413) 443-4460
Email: BFAIR@vgernet.net

West Street Inn
Respite house for children ages 3-22. Serves all of Western Mass.

197 West St.
Ludlow, MA 01056

Phone: (413) 547-6333

Vanguard, Inc.
Provides assistance, supports and recreational opportunities to persons with disabilities in order to integrate them into their communities. Services include flexible planned respite, advocacy, family support group, young adult program and family broker program.

1 Springfield St.
Chicopee, MA 01013

Phone: (413) 594-2126, (413) 544-7036 (TTY)
Fax: (413) 594-5610

Hampshire County Family Network (HCFN)
A coalition of over 50 human service, health and education providers. Access information about health insurance, family support, child development, childcare, advocacy, family literacy, nutrition and transportation with one call. Services available to families in Hampshire County with children birth to four years old, regardless of income.

P.O. Box 9434
North Amherst, MA 01059

Phone: (413) 549-4831, (888) 777-6628
Fax: (413) 549-4412

Hampshire Community Action Commission (HCAC)
A community center for families with children aged birth through five. Offers parent education and support, information and referral services, and professionally staffed classrooms and play groups for children.

P.O. Box 9541
N. Amherst, MA 01059

Phone: (413) 549-4969
Fax: (413) 549-4412
Email: mrives@hcac.org
Website: www.hcac.org
Abilities Unlimited
Provides access to local, quality adaptive educational and assistive communication technology devices for children and adults with communication difficulties. Equipment, lending library, resources, trainings and workshops.

61 Union St.
Westfield, MA 01085

Phone: (413) 562-5678
Fax: (413) 562-1239
Email: Ablunl@exit3.com
Website: www.seeourtown.com/abilitiesunlimited.htm

Goodwill Industries Family Support Services
Family counseling, special education advocacy, community services and support advocacy.

285 Dorset St. P.O. Box 80006
Springfield, MA 01108

Phone: (413) 788-6981
Fax: (413) 736-7282
Email: cwenck@goodwill-spfld-htrfd.org
Website: www.goodwill.org

Family Support Program
Flexible cash assistance for families who have a family member with developmental living in their home in Franklin county. Program also includes management services, educational advocacy, inclusion consultation, person-centered planning services and parent education component.

111 Summer St.
Greenfield, MA 01301

Phone: (413) 774-2105, (800) 343-5558
Fax: (413) 774-2071
Email: Arc@crocker.com